



**Kathy
Poelker**
Presents

**Teachers and Children
“Rev Up Your Motors!”
Motor Coordination, Motor Planning,
Motor Memory & Sensory-Motor**

***Strengthen Readiness &
Enhance Overall Child Development***

**Empowering Strategies For Early Childhood, PreK- gr. 2,
EI, At-Risk, & Special Education Classrooms & Programs**

When : Saturday, January 23, 2010

Where: Seigle Auditorium - University Business Center
Elgin Community College
1700 Spartan Drive
Elgin IL 60123

Time: Registration Begins at 7:30 AM
Workshop 8:00 AM to 1:30 PM (including breaks)

Cost to Attend: \$39 per person

**5 hours of training - 5 CPDUs, 5 clock hours, or
1 Professional Development Credit are available**

***Learning Can Be FUN!
Inside our workshops...***



PROGRAM HIGHLIGHTS

This 5 hour presentation engages YOU in powerful sensory-motor activities that work a wide range of developmental skills to help enhance young learners' readiness. This "hands-on" workshop is lots of FUN, with an educational purpose behind every motor or movement activity, exercise, music game, or dance.

❑ **The Human Brain:** Let's learn important facts and information about the human brain - how it grows, develops, and processes information.

❑ **Music and the Brain:** Explore current brain research about how we use music and movement to build brain synapses and connections, strengthen patterning, increase brain mass and brain weight, and help kids focus, develop, and learn more effectively! Learn "how to's" that really work!

❑ **Exercise and the Brain:** What do we know about exercise and learning? You'll be more active with children once you know WHY exercise is so important to help ensure academic success!

❑ **Active Boys Need Physical Outlets:** Experience physical activities that work particularly well for active boys (and girls, too!) Great for all kinesthetic learners!

❑ **Hand/eye and Hand/foot Coordination:** Simple activities and exercises that are easy to do

❑ **Finger and Hand Exercises:** Build finger and hand strength, work on pincer grip, isolate fingers, & get hands ready for proper pencil grip and writing

❑ **Balance and Body Control:** Specific exercises and activities you will want to use again and again

❑ **Develop Directionality:** Specific exercises to strengthen forwards, backwards, left and right

❑ **Exercises to Develop Laterality:** Strengthen unilateral skills, bi-lateral skills, cross-lateral skills and have fun along the way!

❑ **Floor Exercises:** Develop better spatial awareness and good motor-planning

❑ **Coordinated Bodies:** Work on isolating upper body from lower body, and sides of the body

❑ **Visual Learners, Auditory Learners, & Kinesthetic Learners** - Know the differences and plan effectively to reach and teach to them!

❑ **"Multi-sensory Approach!"** to ensure success and develop the whole child - Music is the tool!

❑ **Why Do We Dance?** - It's so much more than just moving our feet! Skills! Skills! Motor Skills!

❑ **Strengthen Sequencing Skills:** Use simple partner dances, exercises, and music games

❑ **Movement and Dance Activities:** Learn "how to" work with music games, dance, and movement, even if you think you have "two left feet!" - Great way to strengthen socialization skills and listening

❑ **Motivate the Passive Learner:** Can't fail FUN activities to engage even the most passive child

❑ **Visual Motor, Visual Tracking and Peripheral Vision:** Explore simple activities to aid visual skills.

❑ **Intentional & Strategic Teaching:** How is your overall classroom planning affected?

❑ **Strengthen Math and Internalize Math Concepts and Spatial Temporal Reasoning:** Explore songs, signing, and finger isolation activities

❑ **Teach Geometric Shapes:** Use music and movement to teach circle, square, triangle, rectangle

❑ **Imagination and Sequencing:** Learn to use drama and imagery activities

❑ **Creative and Critical Thinking Skills:** Learn how to use the 2 M's and 3 R's! - Music, Movement, Rhyme, Rhythm, Repetition - *activities with complete teaching instructions to ensure SUCCESS!*

❑ **Developmentally Appropriate Music- and How Do You Choose It?":** What to look for.

❑ **Special Students and Music and Movement:** Incorporate music, movement, sensory-motor, and dance to ensure success for EVERY child!

❑ **Learn simple music strategies** every teacher can do successfully - even if you've never been very comfortable "doing" music before!



MORE PROGRAM HIGHLIGHTS

Join us for a day of guaranteed FUN and LEARNING!
Teachers and Children, “Rev Up Your Motors!”

SENSORY-MOTOR FUN to SUCCESS!

“Learning With A SMILE”

10 great activities to develop those
all-important readiness skills!

- Balloon Exercise
- Petal Exercise & Advanced Petal
- Shape Exercise
- Singing & Signing Math Fun
- Ball Exercise
- Paper Plate Exercise
- Stick Beat Rhythm Exercise

SING A Song to SUCCESS!

Learn how to teach a song &
how to extend a song to appropriate
reading/writing fun for
early childhood!

- Songs All About Me!
- Songs With Math
- Fingerplays With Math
- Concept Songs
- Participation/Movement Songs
- Rhyme & Repetition Songs
- Children’s Favorites

DANCE Your Way to SUCCESS!

Use simple dances to build a
wide range of motor
coordination skills.

- Come Dance With Me
- Patchen Polka
- In Pretty Blue Hawaii
- Children’s Chinese Fan Dance
- Indian Ribbon Dance
- Buenos Dias Amigos!
- Wooden Shoe Step Dance
- Cowboy/Cowgirl Partner Dance

Delightful DRAMA With Music

Build language skills, sense of
story, & sequencing using
drama activities- great FUN

- At the Firehouse
- The Astronauts’ Adventure
- At the Wind Up Toy Factory
- Magic Dust Can Make You Move!
- I Bought Me A Cat
- The Wheels On the Bus



MOVEMENT and MUSIC GAMES

Learn to follow multiple, directions,
develop balance & enhance
motor-planning!

- My Pony Stop and Go
- Mr. Engine Chugging Down the Track
- Down the Avenue
- Clap Your Hands to the Music!
- I Visited the Orchestra
- Did You Ever See A Teacher?
- A Pretty Little Fish



PS 32 Bronx NY Staff Dev. Day

Meet Kathy Poelker...

Kathy Poelker is internationally recognized for her work in Early Childhood Music Education. She is an outstanding communicator, university lecturer, keynote speaker, motivator, author, consultant, children's recording artist, and composer of over 150 songs and 30 books. Kathy's critically acclaimed songs, recordings, and books in English, Spanish, and Hmong are used in hundreds of classrooms across the United States, Canada, Puerto Rico, the Virgin Islands, New Zealand and Australia. *Thousands* of young children, teachers, and families have enjoyed singing Kathy's songs for over 25 years!

Every year from 1988 through 2009-2010, Kathy has received an *ASCAP Popular Award* for her children's educational music! Her songs have been selected by American Drug Stores and Sylvania Corporation for special children's health programs and literacy programs.

In "**Rev Up Your Motors!**" seminar you'll explore and experience **sensory-motor activities set to music to enhance readiness skills children need to have in place by the time they complete kindergarten.**

Kathy will also offer innovative ideas for using dance activities, music games, and movement activities to enhance **motor skills, literacy, language, and math.** Actively participant in the **language/music/movement connection.**

Learn ways to empower your classroom, promote your students' success, and have loads of **FUN, too!** Experience music as a **powerful learning tool.**

THIS SEMINAR INCLUDES:

- 5 hrs. of training with a "Master Teacher"
- Certificate of Participation (5 clock hrs.)
- Earn 5 CPDUs - ISBE Approved Provider
- Workshop Strategies & Activities Booklet
- Curriculum Materials Display - *English & Spanish Materials Available*
- University Credit (available through Loyola Marymount University - additional fee required along with course work - 1 Prof. Dev. Credit)

Now is the time to sing, move, dance, and enjoy your way to creative learning as you participate in a *delightful day* with **Kathy Poelker, the "Teachers' Teacher!"**



Bronx NY



Bronx NY



Lexington KY



Bryan TX



Wasilla, AK

Corpus Christie TX





Wasilla Alaska Workshop

Who Should Attend:

PreK-grade 2 Teachers

**At Risk, EI & Early Childhood Special Ed Teachers
OTs, PTs, Speech & Language, PE, Music Teachers**

HEAD START Teachers & Staff

School Administrators & Staff Developers

**Licensed teachers & paraprofessionals
for public & private schools**

In-home Child Care Providers

Child Care Center Staff, Directors, & Administrators

CPDUs Available: Participants who need CPDU credits will earn 5 CPDUs for attendance at this workshop. Kathy Poelker is an Approved Provider for ISBE. Participants who need CPDU credits will receive a certificate stating 5 CPDUs for their participation in the workshop event.

University Credit: One (1.0) semester hr. of Professional Development Credit is available through Loyola Marymount University. Official transcript provided. Additional fee to Loyola Marymount. Written assignment is due after seminar. Call Loyola Professional Development Institute for applicability & additional information. Direct calls to Ben Hayes (310) 338-1972.

In-service Clock Hours: Attendance at this seminar may fulfill individual continuing education or recertification requirements. Your Certificate of Participation will reflect 5 Clock Hours of seminar training given at this workshop. Certificates are awarded at the close of the seminar.

Program Hours: (Suggested Dress - casual, slacks)

Registration begins 7:30 A.M. Workshop training 8:00 A.M. - 1:30 PM. (5 hours of instruction plus 2 fifteen minute breaks are scheduled in this training. Lunch on your own following the workshop.)

Registration Fee: \$39 per registrant (pay online or by mail)

\$10 additional fee for registrations made at the door. Fees are payable in advance by MC/Visa/Discover, check, or purchase order.

Register online at www.kathypoelker.com using VISA, MasterCard, or Discover. **Please bring your paid confirmation page with you to the workshop.**

Register by mail or Fax: Mail check, money order, or school purchase order to: **Look At Me Productions, Inc. PO Box 7429, Algonquin IL 60102. (Fax PO to 847-658-0070)**

Need Help? - For registration and additional information, call our seminar coordinator at (800) 301-5665 or (847) 658-0050. (After hours, please leave a message.)

Substitutions/Cancellations: Substitutions may be made at any time. Cancellations must be received four full days prior to seminar and are subject to a \$15 service charge. No refund on cancellations received less than four full days of workshop date.

